

# Join John & Sue Cook on a \*Spiritual Retreat\*

## Llandudno

Emerse yourself into the tranquility of a peaceful welcoming Retreat in a small boutique hotel. Let us look after your Mind, Body and Soul whilst expanding your Spirituality with like minded souls.



### 2024 Dates

- September
- October
- December All Sold Out
- Addl date Nov 8th-11th

### 2025 Dates

March 28th - 30th



**LLANDUDNO**